

Founder & Pioneer Story

From the Courts to Corporate to the Crossroads of Care: The Visionary Behind Heart2Soul Becoming Whole®

Deborah is a multi-dimensional leader, distinctively known for her impact in three arenas: the courts as a professional tennis athlete, the corporate healthcare world as a high-achieving clinical trainer, educator, sales and leadership professional (notably with Merck and Ethicon Technologies), and as a trusted spiritual leader whose influence transcends sectors. Most recently, she has added clinical mental health counselor to her areas of expertise, rounding out a rare and impactful combination of physical, emotional, and spiritual leadership.

Throughout her career—whether on the court, in corporate systems, or ministering across communities—Deborah has consistently left a mark on those she encountered. Her leadership has always centered on strengthening others emotionally, spiritually, relationally, and vocationally.

In 2017, her life took a profound turn when she stepped away from all professional ambitions to care for her mother full-time. This deeply personal caregiving journey, which lasted until her mother's passing in 2021, became the crucible in which her broader vision was forged. Deborah sold her home and land in North Carolina and returned to New Orleans to be fully present in this role—a sacrificial and transformational experience that now fuels the heart of Heart2Soul Becoming Whole®.

Even amid the challenges of caregiving, Deborah advanced her professional formation. She earned a Master of Divinity with a specialization in Discipleship & Christian Spiritual Formation and completed a rigorous Clinical Pastoral Residency, which prepared her for board certification through the Association of Professional Chaplains—an elite distinction requiring mastery of 30+ competencies and documented performance across more than 170 skill areas in spiritual and psychological care. Additionally, Deborah is also a Provisionally Licensed Professional Counselor, having pursued and completed her Master of Arts in Clinical Mental Health with Specialization in Counseling.

It is important to note Board Certified Chaplains must be endorsed, commissioned, and ordained ministers trained to serve in specialized settings such as healthcare, military, and community sectors. Unlike traditional pastors, chaplains are uniquely prepared to provide interfaith spiritual care and emotional support across diverse belief systems—merging ministry with clinical best practices.

Through her chaplaincy work, Deborah's expertise has enriched her 20 years of experience in healthcare, expanded her reach to government, and enriched her work within community sectors as an interdenominational spiritual clinician. She is recognized for bridging gaps between theological expertise, clinician medical/surgical expertise, and mental health expertise in spiritual practice.

Her very soul and purpose are first and foremost shaped by a lifelong personal journey with Jesus Christ, beginning at the age of five. Out of that foundational relationship has flowed her equipping—rooted in faith, sharpened by science, and strengthened by a commitment to evidence-based, spiritually integrated care—established today through Soul Health®.

A Distinctive Calling

Deborah's vision for Harobed LLC and Soulfull Ministries is not merely organizational—it's personal. She understands from lived experience the weight of caregiver burden, spiritual struggle, and the isolation often felt by those who serve others. This has driven her mission toward spiritually integrated clinical research, and to create spaces of clarity, healing, and restoration for both formal and informal caregivers. Her story is proof that true leadership is forged in service, and that healing work requires both clinical expertise and profound spiritual insight.

Credentials and Professional Distinctions:

- Master of Divinity, Specialization in Discipleship & Christian Spiritual Formation
- Master of Arts in Clinical Mental Health Counseling
- Provisionally Licensed Professional Counselor
- Board Certified Chaplain (Board of Professional Chaplains)
- Professional experience across healthcare, government, and corporate sectors
- 20+ years as a competitive tennis athlete and coach

Deborah's leadership ensures that Heart To Soul Becoming Whole® stands as both a testament to resilience and a trailblazer in spiritually integrated mental health and psycho-spiritual expertise—filling a critical gap with excellence, compassion, and vision.